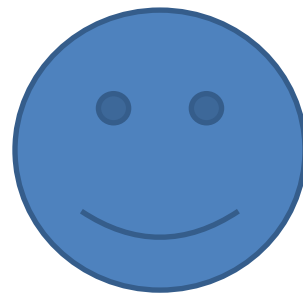
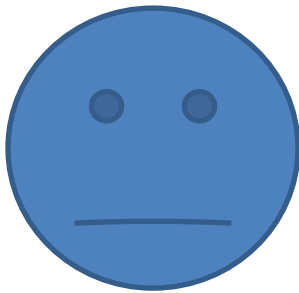


WHERE IS MY FOCUS?

SITUATION:

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FEELINGS:



Emotions:.....

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BAD PARTS RED THOUGHTS	GOOD PARTS GREEN THOUGHTS
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